

## AFTER CARE INSTRUCTIONS

### **BONE GRAFT**

1. Keep area clean.
2. **DO NOT** touch the grafted area with your tongue or fingers.
3. **DO NOT** pull on your lip.
4. **DO NOT** press on the grafted area.
5. Some bleeding is normal and light oozing is to be expected.
6. Apply ice to graft sight 20 minutes on and 20 minutes off for the next 48 hours.
7. Take all of your prescriptions as prescribed.
8. Use the Chlorhexdine Gluconate three to four times daily. ¼ cap swishing gently at all times.

Any emergency or questions call the office at 575.359.1011.

Your stitches will be removed in two weeks. If you do not have a scheduled appointment, please call the office to schedule.