

CariFree Instructions:

CTx26 Kit First

1) Rinse

- Rinse twice a day
- Start with CTx4 bottles
- Use cup provided to mix
- Mix 5mL of Rinse A with 5mL of Rinse B
- Swish for 60 seconds
- When all of CTx4 is used, switch to rinse CTx3
- Swish with 10mL of CTx3 for 60 seconds

2) Brush

- CTx4 Gel 5000 replaces current toothpaste
- Brush twice a day with a pea-sized amount until product is gone
- Avoid eating or drinking for 30 minutes

3) Appliance

- You will receive custom trays that fit your upper and lower teeth
- Use PerioMed solution in trays
- Do **NOT** dilute solution
- Pump directly into trays
- Wear for 10 minutes once a day

***When CTx26 kit is done, switch to CTx21 kit. CTx21 kits (maintenance kits) are sold in our office.**