

Peter L. Thompson, D.D.S.
Laser and General Dentistry

What you can expect with
LASER PERIODONTAL THERAPY (LPT)

You have just been diagnosed with periodontal disease, commonly referred to as gum disease. Approximately 75% of the population struggles with this disease. We are excited to provide you with the latest method of treatment.

Dr. Thompson's primary concern is for your comfort and safety. We prescribe you to take antibiotics to prevent the possibility of infection and to take Motrin (ibuprofen) to control micro-inflammation and swelling. You will start taking both medications the day before surgery.

LPT is a relatively painless procedure. Most patients experience little to no discomfort. In fact, you can expect to return to work the day after surgery.

One of the contributing factors of periodontal disease is trauma from tooth to tooth contact; therefore we will require you to sleep with a night guard. It may also be necessary to make minor adjustments to your teeth so that they all function equally (bite together with an even amount of force).

Periodontal disease is a chronic infection. LPT is an excellent treatment, but it is not a cure. **THRE IS NO CURE FOR PERIODONTAL DISEASE.** The goal of LPT is to reverse some of the effects of the disease and to help you maintain a healthy mouth.

Your home care is very important. We will make certain recommendation regarding your home care custom fit to your mouth. This will include an antibacterial mouth rinse, Sonicare toothbrush, and/or Hydrofloss waterpic. We cannot stress enough the importance of good daily hygiene habits. In addition, we will continue to schedule **3**-month maintenance appointments with one of our hygienists.

By continuing this partnership, we will help you to treat this serious disease. Our goal is to assist you with obtaining the best care for your mouth and to preserve good overall health.